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Simple Concepts to Improve Your Basketball Team: Volume One (Paperback)

By Kevin Sivils

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Volume I of the Building a Winning Program Series is a collection of five previously published ebooks containing simple and effective concepts in a variety of areas in the sport of basketball. Each of the concepts in each book have withstood the test of time and are universal in their ability to be used by any style of play in the game of basketball. The five topics/books gathered in Volume I include: --8 Simple Concepts to Improve Your Team s Man-to-Man Defense --8 Simple Concepts to Improve Your Team s Half Court Offense --8 Simple Concepts to Improve Your Zone Attack --8 Simple Concepts to Improve Your Fast Break --8 Simple Concepts to Improve Your Motion Offense These concepts will allow you to improve your team s play mid-season or late-season without having to introduce entirely new systems of play to your players. Simple improvements to your existing offense or defense can reap huge benefits late in the season when other teams are getting stale and flat or other coaches have overloaded their teams with...



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