



## The Handbook

By Epictetus Epictetus

SMK Books. Paperback. Book Condition: New. Paperback. 26 pages. Dimensions: 8.8in. x 5.9in. x 0.3in. No writings of Epictetus himself are really known. His discourses were transcribed and compiled by his pupil Arrian (author of the *Anabasis Alexandri*). The main work is *The Discourses*, four books of which have been preserved (out of an original eight). Arrian also compiled a popular digest, entitled the *Enchiridion*, or *Handbook*. In a preface to the *Discourses*, addressed to Lucius Gellius, Arrian states that whatever I heard him say I used to write down, word for word, as best I could, endeavouring to preserve it as a memorial, for my own future use, of his way of thinking and the frankness of his speech. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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