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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Smoothie Cookbook BONUS - Includes a FREE copy of my collection of Delicious Healthy Smoothie Recipes that helped me stay healthy, fit, clean lean. Using a combination of these healthy low calorie smoothie recipes delicious smoothies from this collection plus a daily light Yoga workout, helped me loose 40 lbs over two month. I have been able to...

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- Authored by Juliana Baldec
- Released at 2014



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Reviews

Unquestionably, this is actually the greatest function by any author. I was able to comprehended every little thing using this created e ebook. Its been printed in an remarkably straightforward way which is merely following i finished reading this ebook in which in fact altered me, alter the way i think.

-- Arianna Witting

An exceptional book as well as the font used was exciting to read. It is actually rally intriguing throgħ reading time. You will not sense monotony at anytime of the time (that's what catalogues are for about when you ask me).

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